

**METROPOLITAN NORTH SCHOOL SPORT – SWIMMING 10-19 YEARS
PROGRAM OF EVENTS – 2026**

Session 1 – First Event Start 8am (Marshalling approx. 7:45am for first event)				
EVENT No	DISTANCE	STROKE	MEN / WOMEN	AGE GROUP
1	200 m	Freestyle	M	16 – 19
2	200 m	Freestyle	W	16 – 19
3	200 m	Freestyle	M	13 – 15
4	200 m	Freestyle	W	13 – 15
5	200 m	Freestyle	M	10 – 12
6	200 m	Freestyle	W	10 – 12
7	200 m	Freestyle	M	13 – 19 Multi-class
8	200 m	Freestyle	W	13 – 19 Multi-class
9	200 m	Freestyle	M	10 - 12 Multi-class
10	200 m	Freestyle	W	10 - 12 Multi-class
11	50 m	Breaststroke	M	16 - 19
12	50 m	Breaststroke	W	16 - 19
13	50m	Breaststroke	M	13 - 15
14	50 m	Breaststroke	W	13 - 15
15	50 m	Breaststroke	M	10 - 12
16	50 m	Breaststroke	W	10 - 12
17	50 m	Breaststroke	M	13 – 19 Multi-class
18	50 m	Breaststroke	W	13 – 19 Multi-class
19	50 m	Breaststroke	M	10 – 12 Multi-class
20	50 m	Breaststroke	W	10 – 12 Multi-class
21	100 m	Freestyle	M	16 - 19
22	100 m	Freestyle	W	16 - 19
23	100 m	Freestyle	M	13 - 15
24	100 m	Freestyle	W	13 - 15
25	100 m	Freestyle	M	10 - 12
26	100 m	Freestyle	W	10 - 12
27	100 m	Freestyle	M	13 – 19 Multi-class
28	100 m	Freestyle	W	13 – 19 Multi-class
29	100 m	Freestyle	M	10 – 12 Multi-class
30	100 m	Freestyle	W	10 – 12 Multi-class
31	100 m	Breaststroke	M	16 - 19
32	100 m	Breaststroke	W	16 - 19
33	100 m	Breaststroke	M	13 - 15
34	100 m	Breaststroke	W	13 - 15
35	100 m	Breaststroke	M	10 - 12
36	100 m	Breaststroke	W	10 - 12
37	100 m	Breaststroke	M	13 – 19 Multi-class
38	100 m	Breaststroke	W	13 – 19 Multi-class
39	100 m	Breaststroke	M	10 – 12 Multi-class
40	100 m	Breaststroke	W	10 – 12 Multi-class
41	200 m	I/Medley	M	16 - 19
42	200 m	I/Medley	W	16 - 19
43	200 m	I/Medley	M	13 - 15
44	200 m	I/Medley	W	13 - 15
45	200 m	I/Medley	M	10 - 12
46	200 m	I/Medley	W	10 - 12
47	200 m	I/Medley	M	13 – 19 Multi-class
48	200 m	I/Medley	W	13 – 19 Multi-class
49	200 m	I/Medley	M	10 – 12 Multi-class
50	200 m	I/Medley	W	10 – 12 Multi-class

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Session 2				
EVENT No	DISTANCE	STROKE	MEN / WOMEN	AGE GROUP
51	100 m	Backstroke	M	16 - 19
52	100 m	Backstroke	W	16 - 19
53	100 m	Backstroke	M	13 - 15
54	100 m	Backstroke	W	13 - 15
55	100 m	Backstroke	M	10 - 12
56	100 m	Backstroke	W	10 - 12
57	100 m	Backstroke	M	13 – 19 Multi-class
58	100 m	Backstroke	W	13 – 19 Multi-class
59	100 m	Backstroke	M	10 – 12 Multi-class
60	100 m	Backstroke	W	10 – 12 Multi-class
61	50 m	Butterfly	M	16 - 19
62	50 m	Butterfly	W	16 - 19
63	50 m	Butterfly	M	13 - 15
64	50 m	Butterfly	W	13 - 15
65	50 m	Butterfly	M	10 - 12
66	50 m	Butterfly	W	10 - 12
67	50 m	Butterfly	M	13 – 19 Multi-class
68	50 m	Butterfly	W	13 – 19 Multi-class
69	50 m	Butterfly	M	10 – 12 Multi-class
70	50 m	Butterfly	W	10 – 12 Multi-class
71	50 m	Backstroke	M	16 - 19
72	50 m	Backstroke	W	16 - 19
73	50 m	Backstroke	M	13 - 15
74	50 m	Backstroke	W	13 - 15
75	50 m	Backstroke	M	10 - 12
76	50 m	Backstroke	W	10 - 12
77	50 m	Backstroke	M	13 – 19 Multi-class
78	50 m	Backstroke	W	13 – 19 Multi-class
79	50 m	Backstroke	M	10 – 12 Multi-class
80	50 m	Backstroke	W	10 – 12 Multi-class
81	50 m	Freestyle	M	16 - 19
82	50 m	Freestyle	W	16 - 19
83	50 m	Freestyle	M	13 - 15
84	50 m	Freestyle	W	13 - 15
85	50 m	Freestyle	M	10 - 12
86	50 m	Freestyle	W	10 - 12
87	50 m	Freestyle	M	13 – 19 Multi-class
88	50 m	Freestyle	W	13 – 19 Multi-class
89	50 m	Freestyle	M	10 – 12 Multi-class
90	50 m	Freestyle	W	10 – 12 Multi-class