

# METROPOLTIAN North School Sport - 2026

| Day 1 Tuesday 25 August 2026 |                           |               |        |         |                                 |             |         |
|------------------------------|---------------------------|---------------|--------|---------|---------------------------------|-------------|---------|
| TIME                         | EVENT                     |               | ROUND  | TIME    | EVENT                           |             | ROUND   |
| 8:00 am                      | Girls 10 Years            | High Jump     | Finals | 8:00 am | Girls 10-12 Years (MULTI CLASS) | 1500 Metres | Finals  |
|                              | Boys 10 Years             | High Jump     | Finals |         | Boys 10-12 Years (MULTI CLASS)  | 1500 Metres | Finals  |
|                              | Girls 13 Years            | Discus Throw  | Finals |         | Girls 10 Years                  | 1500 Metres | Finals  |
|                              | Boys 13 Years             | Discus Throw  | Finals |         | Boys 10 Years                   | 1500 Metres | Finals  |
|                              | Girls 14 Years            | Shot Put      | Finals |         | Girls 11 Years                  | 1500 Metres | Finals  |
|                              | Boys 14 Years             | Shot Put      | Finals |         | Boys 11 Years                   | 1500 Metres | Finals  |
|                              | Boys 15 years             | Javelin Throw | Finals |         | Girls 12 Years                  | 1500 Metres | Finals  |
|                              | Girls 16 Years            | Long Jump     | Finals |         | Boys 12 Years                   | 1500 Metres | Finals  |
|                              | Boys 16 Years             | Long Jump     | Finals |         | Girls 13-19 Years (MULTI CLASS) | 1500 Metres | Finals  |
|                              |                           |               |        |         | Boys 13-19 Years (MULTI CLASS)  | 1500 Metres | Finals  |
|                              |                           |               |        |         | Girls 13 Years                  | 1500 Metres | Finals  |
|                              |                           |               |        |         | Boys 13 Years                   | 1500 Metres | Finals  |
|                              |                           |               |        |         | Girls 14 Years                  | 1500 Metres | Finals  |
| 9:30am                       | Girls 11 Years            | Discus Throw  | Finals |         | Boys 14 Years                   | 1500 Metres | Finals  |
|                              | Boys 11 Years             | Discus Throw  | Finals |         | Girls 15 Years                  | 1500 Metres | Finals  |
|                              | Girls 12 Years            | Shot Put      | Finals |         | Boys 15 Years                   | 1500 Metres | Finals  |
|                              | Girls 12 Years Tetrathlon | Shot Put      | Finals |         | Girls 16 Years                  | 1500 Metres | Finals  |
|                              | Boys 12 Years             | Shot Put      | Finals |         | Boys 16 Years                   | 1500 Metres | Finals  |
|                              | Boys 12 Years Tetrathlon  | Shot Put      | Finals |         | Girls 17 Years                  | 1500 Metres | Finals  |
|                              | Girls 14 years            | High Jump     | Finals |         | Boys 17 Years                   | 1500 Metres | Finals  |
|                              | Boys 14 years             | High Jump     | Finals |         | Girls 18-19 Years               | 1500 Metres | Finals  |
|                              | Girls 15 years            | Javelin Throw | Finals |         | Boys 18-19 Years                | 1500 Metres | Finals  |
|                              | Boys 17 Years             | Long Jump     | Finals | 10:00am | Girls 10 Years                  | 100 Metres  | Prelims |
|                              | Boys 18-19 Years          | Long Jump     | Finals |         | Boys 10 Years                   | 100 Metres  | Prelims |
|                              |                           |               |        |         | Girls 11 Years                  | 100 Metres  | Prelims |
|                              |                           |               |        |         | Boys 11 Years                   | 100 Metres  | Prelims |
| 11:00am                      | Girls 10 years            | Shot Put      | Finals |         | Girls 12 Years                  | 100 Metres  | Prelims |
|                              | Girls 10 years Tetrathlon | Shot Put      | Finals |         | Boys 12 Years                   | 100 Metres  | Prelims |
|                              | Boys 10 years             | Shot Put      | Finals |         | Girls 16 Years                  | 100 Metres  | Prelims |
|                              | Boys 10 years Tetrathlon  | Shot Put      | Finals |         | Boys 16 Years                   | 100 Metres  | Prelims |
|                              | Girls 12 years            | Discus Throw  | Finals |         | Girls 15 Years                  | 100 Metres  | Prelims |
|                              | Girls 13 years            | High Jump     | Finals |         | Boys 15 Years                   | 100 Metres  | Prelims |
|                              | Boys 13 years             | High Jump     | Finals |         | Girls 14 Years                  | 100 Metres  | Prelims |
|                              | Girls 14 years            | Long Jump     | Finals |         | Boys 14 Years                   | 100 Metres  | Prelims |
|                              | Boys 14 years             | Long Jump     | Finals |         | Girls 13 Years                  | 100 Metres  | Prelims |
|                              | Girls 15 years            | Long Jump     | Finals |         | Boys 13 Years                   | 100 Metres  | Prelims |
|                              | Girls 17 years            | Javelin Throw | Finals |         | Girls 10 Tetrathlon             | 100 Metres  | Finals  |
|                              | Girls 18-19 years         | Javelin Throw | Finals |         | Girls 11 Tetrathlon             | 100 Metres  | Finals  |
| 12:30 pm                     | Girls 11 years            | Shot Put      | Finals |         | Girls 12 Tetrathlon             | 100 Metres  | Finals  |
|                              | Girls 11 years Tetrathlon | Shot Put      | Finals |         | Boys 10 Tetrathlon              | 100 Metres  | Finals  |
|                              | Boys 11 years             | Shot Put      | Finals |         | Boys 11 Tetrathlon              | 100 Metres  | Finals  |
|                              | Boys 11 years Tetrathlon  | Shot Put      | Finals |         | Boys 12 Tetrathlon              | 100 Metres  | Finals  |
|                              | Boys 12 years             | Discus Throw  | Finals |         | Girls 17 Years                  | 100 Metres  | Prelims |
|                              | Girls 13 years            | Javelin Throw | Finals |         | Girls 18-19 Years               | 100 Metres  | Prelims |
|                              | Girls 14 years            | Javelin Throw | Finals |         | Boys 17 Years                   | 100 Metres  | Prelims |
|                              | Girls 15 years            | Discus Throw  | Finals |         | Boys 18-19 Years                | 100 Metres  | Prelims |
|                              | Girls 16 years            | High Jump     | Finals |         | Girls 10-12 Years (MULTI CLASS) | 100 Metres  | Finals  |
|                              | Boys 16 years             | High Jump     | Finals |         | Boys 10-12 Years (MULTI CLASS)  | 100 Metres  | Finals  |
|                              |                           |               |        |         | Girls 13-19 Years (MULTI CLASS) | 100 Metres  | Finals  |
|                              |                           |               |        |         | Boys 13-19 Years (MULTI CLASS)  | 100 Metres  | Finals  |
|                              |                           |               |        | 2:00 pm | Girls 10 Years                  | 100 Metres  | Finals  |
|                              |                           |               |        |         | Boys 10 Years                   | 100 Metres  | Finals  |
| 2:00pm                       | Girls 13 Years            | Long Jump     | Finals |         | Girls 11 Years                  | 100 Metres  | Finals  |
|                              | Boys 13 Years             | Long Jump     | Finals |         | Boys 11 Years                   | 100 Metres  | Finals  |
|                              | Boys 15 years             | Long Jump     | Finals |         | Girls 12 Years                  | 100 Metres  | Finals  |
|                              | Girls 16 years            | Javelin Throw | Finals |         | Boys 12 Years                   | 100 Metres  | Finals  |
|                              | Boys 16 years             | Discus Throw  | Finals |         | Girls 13 Years                  | 100 Metres  | Finals  |
|                              | Girls 17 Years            | Long Jump     | Finals |         | Boys 13 Years                   | 100 Metres  | Finals  |
|                              | Girls 18-19 Years         | Long Jump     | Finals |         | Girls 14 Years                  | 100 Metres  | Finals  |
|                              | Boys 17 years             | Shot Put      | Finals |         | Boys 14 Years                   | 100 Metres  | Finals  |
|                              | Boys 18-19 years          | Shot Put      | Finals |         | Girls 15 Years                  | 100 Metres  | Finals  |
|                              |                           |               |        |         | Boys 15 Years                   | 100 Metres  | Finals  |
|                              |                           |               |        |         | Girls 16 Years                  | 100 Metres  | Finals  |
|                              |                           |               |        |         | Boys 16 Years                   | 100 Metres  | Finals  |
|                              |                           |               |        |         | Girls 17 Years                  | 100 Metres  | Finals  |
|                              |                           |               |        |         | Boys 17 Years                   | 100 Metres  | Finals  |
|                              |                           |               |        |         | Girls 18-19 Years               | 100 Metres  | Finals  |
|                              |                           |               |        |         | Boys 18-19 Years                | 100 Metres  | Finals  |

## METROPOLITAN North School Sport - 2026

| TIME Day<br>2 | Age Group                          | EVENT         | ROUND  | TIME     | Age Group                       | EVENT      | ROUND  |
|---------------|------------------------------------|---------------|--------|----------|---------------------------------|------------|--------|
| 8:00 am       | Girls 10 years                     | Discus        | Finals | 8:30 am  | Girls 10 Years Tetrathlon       | 800 Metres | Finals |
|               | Girls 11 years                     | High Jump     | Finals |          | Girls 11 Years Tetrathlon       | 800 Metres | Finals |
|               | Boys 11 years                      | High Jump     | Finals |          | Girls 12 Years Tetrathlon       | 800 Metres | Finals |
|               | Girls 14 years                     | Discus Throw  | Finals |          | Boys 10 Years Tetrathlon        | 800 Metres | Finals |
|               | Girls 17 years                     | Shot Put      | Finals |          | Boys 11 Years Tetrathlon        | 800 Metres | Finals |
|               | Girls 18-19 years                  | Shot Put      | Finals |          | Boys 12 Years Tetrathlon        | 800 Metres | Finals |
|               | Girls 16 years                     | Triple Jump   | Finals |          | Girls 13-19 Years (MULTI CLASS) | 800 Metres | Finals |
|               | Boys 17 years                      | Triple Jump   | Finals |          | Boys 13-19 Years (MULTI CLASS)  | 800 Metres | Finals |
|               | Boys 18-19 years                   | Triple Jump   | Finals |          | Girls 10-12 Years (MULTI CLASS) | 800 Metres | Finals |
|               | Girls 10 years                     | Long Jump     | Finals |          | Boys 10-12 Years (MULTI CLASS)  | 800 Metres | Finals |
| 9:30 am       | Girls 10 years Tetrathlon          | Long Jump     | Finals |          | Girls 13 Years                  | 800 Metres | Finals |
|               | Girls 12 years Tetrathlon          | Long Jump     | Finals |          | Boys 13 Years                   | 800 Metres | Finals |
|               | Girls 12 years                     | Long Jump     | Finals |          | Girls 14 Years                  | 800 Metres | Finals |
|               | Boys 12 years Tetrathlon           | Long Jump     | Finals |          | Boys 14 Years                   | 800 Metres | Finals |
|               | Boys 12 years                      | Long Jump     | Finals |          | Girls 15 Years                  | 800 Metres | Finals |
|               | Girls 13 years                     | Shot Put      | Finals |          | Boys 15 Years                   | 800 Metres | Finals |
|               | Boys 13 years                      | Shot Put      | Finals |          | Girls 16 Years                  | 800 Metres | Finals |
|               | Girls 15 years                     | High Jump     | Finals |          | Boys 16 Years                   | 800 Metres | Finals |
|               | Boys 15 years                      | High Jump     | Finals |          | Girls 17 Years                  | 800 Metres | Finals |
|               | Boys 15 years                      | Discus Throw  | Finals |          | Boys 17 Years                   | 800 Metres | Finals |
|               | Girls 16 years                     | Discus Throw  | Finals |          | Girls 18-19 Years               | 800 Metres | Finals |
|               | Boys 10 years                      | Discus Throw  | Finals |          | Boys 18-19 Years                | 800 Metres | Finals |
|               | Boys and Girls 10-12 (MULTI CLASS) | Shot Put      | Finals |          | Girls 10 Years                  | 800 Metres | Finals |
|               | Girls 13 years                     | Triple Jump   | Finals |          | Boys 10 Years                   | 800 Metres | Finals |
|               | Boys 13 years                      | Triple Jump   | Finals |          | Girls 11 Years                  | 800 Metres | Finals |
| 11:00 am      | Boys 14 years                      | Discus Throw  | Finals | 11:30 am | Boys 11 Years                   | 800 Metres | Finals |
|               | Girls 15 years                     | Triple Jump   | Finals |          | Girls 12 Years                  | 800 Metres | Finals |
|               | Boys 15 years                      | Triple Jump   | Finals |          | Boys 12 Years                   | 800 Metres | Finals |
|               | Girls 17 years                     | High Jump     | Finals |          | Girls 13-19 Years (MULTI CLASS) | 200 Metres | Finals |
|               | Girls 18-19 years                  | High Jump     | Finals |          | Boys 13-19 Years (MULTI CLASS)  | 200 Metres | Finals |
|               | Boys 17 years                      | High Jump     | Finals |          | Girls 10-12 Years (MULTI CLASS) | 200 Metres | Finals |
|               | Boys 18-19 years                   | High Jump     | Finals |          | Boys 10-12 Years (MULTI CLASS)  | 200 Metres | Finals |
|               | Girls 16 years                     | Shot Put      | Finals |          | Boys 10 Years                   | 200 Metres | Finals |
|               | Boys 16 years                      | Shot Put      | Finals |          | Girls 10 Years                  | 200 Metres | Finals |
|               | Girls 10-19 years (MULTI CLASS)    | Long Jump     | Finals |          | Girls 11 Years                  | 200 Metres | Finals |
|               | Boys 10-19 years (MULTI CLASS)     | Long Jump     | Finals |          | Boys 11 Years                   | 200 Metres | Finals |
|               | Boys 11 years Tetrathlon           | Long Jump     | Finals |          | Girls 12 Years                  | 200 Metres | Finals |
|               | Boys 11 years                      | Long Jump     | Finals |          | Boys 12 Years                   | 200 Metres | Finals |
|               | Girls 12 years                     | High Jump     | Finals |          | Girls 13 Years                  | 200 Metres | Finals |
|               | Boys 12 years                      | High Jump     | Finals |          | Boys 13 Years                   | 200 Metres | Finals |
| 12:30pm       | Boys 16 years                      | Javelin Throw | Finals |          | Girls 14 Years                  | 200 Metres | Finals |
|               | Boys 17 years                      | Javelin Throw | Finals |          | Boys 14 Years                   | 200 Metres | Finals |
|               | Boys 18-19 years                   | Javelin Throw | Finals |          | Girls 15 Years                  | 200 Metres | Finals |
|               | Boys 14 years                      | Triple Jump   | Finals |          | Boys 15 Years                   | 200 Metres | Finals |
|               | Girls 14 years                     | Triple Jump   | Finals |          | Girls 16 Years                  | 200 Metres | Finals |
|               | Girls 15 years                     | Shot Put      | Finals |          | Boys 16 Years                   | 200 Metres | Finals |
|               | Boys 15 years                      | Shot Put      | Finals |          | Girls 17 Years                  | 200 Metres | Finals |
|               | Girls 17 years                     | Discus Throw  | Finals |          | Boys 17 Years                   | 200 Metres | Finals |
|               | Girls 18-19 years                  | Discus Throw  | Finals |          | Girls 18-19 Years               | 200 Metres | Finals |
|               | Boys 10 years Tetrathlon           | Long Jump     | Finals |          | Boys 18-19 Years                | 200 Metres | Finals |
|               | Boys 10 years                      | Long Jump     | Finals |          | Girls 13-19 Years (MULTI CLASS) | 400 Metres | Finals |
|               | Girls 11 years Tetrathlon          | Long Jump     | Finals |          | Boys 13-19 Years (MULTI CLASS)  | 400 Metres | Finals |
|               | Girls 11 years                     | Long Jump     | Finals | 2:00 pm  | Girls 13 Years                  | 400 Metres | Finals |
|               | Boys 13 years                      | Javelin Throw | Finals |          | Boys 13 Years                   | 400 Metres | Finals |
|               | Boys 14 years                      | Javelin Throw | Finals |          | Girls 14 Years                  | 400 Metres | Finals |
|               | Boys 16 years                      | Triple Jump   | Finals |          | Boys 14 Years                   | 400 Metres | Finals |
|               | Girls 17 years                     | Triple Jump   | Finals |          | Girls 15 Years                  | 400 Metres | Finals |
|               | Girls 18-19 years                  | Triple Jump   | Finals |          | Boys 15 Years                   | 400 Metres | Finals |
|               | Boys 17 years                      | Discus Throw  | Finals |          | Girls 16 Years                  | 400 Metres | Finals |
|               | Boys 18-19 years                   | Discus Throw  | Finals |          | Boys 16 Years                   | 400 Metres | Finals |
|               |                                    |               |        |          | Girls 17 Years                  | 400 Metres | Finals |
|               |                                    |               |        |          | Boys 17 Years                   | 400 Metres | Finals |
| 2:00 pm       |                                    |               |        |          | Girls 18-19 Years               | 400 Metres | Finals |
|               |                                    |               |        |          | Boys 18-19 Years                | 400 Metres | Finals |
|               |                                    |               |        |          |                                 |            |        |

*Times are a guide and can be subject to change. Team managers will be notified of any changes to the program.*

*Multi class events maybe combined with able-bodied age groups, subject to number of nominations and will be communicated to team managers.*