



2k (1 x 2km)	10 yrs. B and G 10 -12 years Multi class	
3k (2 lap x 1.5km)	11 yrs. B and G 12 yrs. B and G 13 yrs. B and G 13-19yrs. Multi Class	
4k (2 laps x 2km course)	14 yrs. B and G 15 yrs. B and G 16 yrs and 17yrs. G	
6k (3 laps x 2km course)	16 yrs. B and G 17 yrs. B Open Girls	
8km (4 laps x 2km course)	Open Boys	