

METROPOLITAN NORTH SCHOOL SPORT

Swimming 10 – 19 Years Nomination: Certificate of Qualification

Direct nomination to State Championships – the below events **will not** be swum at the Metropolitan North regional championships

Competitors wishing to compete in the below listed events at the State Championships, are required to complete and submit this certificate by email to met.north@ged.qld.gov.au no later than **3 p.m. on Tuesday, 22 February 2022**. **Nominations received after this date/time WILL NOT be accepted.**

In all events nominated, our selectors **require verified times** with [Swimming Qld Results](#) or [Swimming Australia Results Central](#). To assist in this process, **verification of the relevant result/s MUST BE** attached with this completed form.

Failure to accurately complete this form AND send correspondence of results will also impede your nomination for this event.

NB: Nominated times achieved at short course events, will be converted to long course equivalent times.

Student's Name:	Gender:
School:	DOB:
Parent Name:	
Preferred contact email:	

**MN will only contact students who have successfully qualified and gained selection in the team. If you do not receive any correspondence within 7 days of the completion of the MN meet regarding your nomination into the event, it has not been accepted.*

Please use the following example as a guide to complete nominations.

Event:	<i>400 Freestyle</i>	Time:	<i>4:44.72</i>
Achieved at:	<i>2018 McDonald's Qld Championships</i>	Date:	<i>17 / 12 / 2020</i>

Event:		Time:	
Achieved at:		Date:	

Event:		Time:	
Achieved at:		Date:	

Event:		Time:	
Achieved at:		Date:	

Event:		Time:	
Achieved at:		Date:	

Event:		Time:	
Achieved at:		Date:	

Event:		Time:	
Achieved at:		Date:	

10-12 Years & 13-19 Years Extra Qualifying Standards

Please circle/highlight the event you are nominating for:

Event	Age group	Boys	Girls
400m Freestyle	10-12 years	5:20.00	5:20.00
	13 years	5:00.00	5:00.00
	14 years	4:43.00	4:50.00
	15 years	4:35.00	4:45.00
	16 years	4:30.00	4:43.00
400m Individual Medley	17-19 years	4:25.00	4:41.00
	10-12 years	6:28.00	6:28.00
	13 years	5:50.00	6:00.00
	14 years	5:42.00	5:47.20
	15 years	5:22.60	5:40.00
16 years	5:22.00	5:40.00	
17-19 years	5:20.00	5:32.90	
800m Freestyle	13-19 years	8:55.00	9:30.00
1500m Freestyle	13-19 years	17:45.00	18:55.00
200m Butterfly	10-12 years	3:00.00	3:00.00
	13 years	2:45.00	2:50.00
	14 years	2:42.00	2:46.00
	15 years	2:36.00	2:44.00
	16 years	2:30.00	2:42.00
200m Backstroke	17-19 years	2:25.00	2:37.40
	10-12 years	3:10.00	3:10.00
	13 years	2:55.00	3:00.00
	14 years	2:50.00	2:57.00
	15 years	2:45.00	2:52.00
200m Breaststroke	16 years	2:41.00	2:48.00
	17-19 years	2:36.00	2:46.00
	10-12 years	4:00.00	4:15.00
	13 years	3:15.00	3:20.00
	14 years	3:10.00	3:15.00
200m Freestyle	15 years	3:06.00	3:13.00
	16 years	3:03.00	3:12.00
	17-19 years	3:00.00	3:10.00
	10-12 years	3:10.00	3:10.00
	13 years	2:30.00	2:39.00
200m Individual Medley	14 years	2:28.00	2:35.00
	15 years	2:25.00	2:33.00
	16 years	2:22.00	2:31.00
	17-19 years	2:20.00	2:31.00
	10 years	3:45.00	3:45.00
200m Individual Medley	11 years	3:35.00	3:35.00
	12 years	3:25.00	3:25.00
	13 years	2:50.00	2:58.00
	14 years	2:48.00	2:55.00
	15 years	2:45.00	2:50.00
	16 years	2:42.00	2:48.00
	17-19 years	2:40.00	2:48.00

Note:

In all 10-12 years events, a maximum of 2 swimmers who must both equal or be faster than the Qualifying Time may be selected as per the [QSS 10 – 12 Years selection process](#)

Note:

In all 800m and 1500m freestyle events, a maximum of one swimmer may be selected

In all other individual events, a maximum of two swimmers in each individual age group may be selected

13 – 19 Years events will be selected as per the [QSS 13 – 19 Years selection process](#)