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Level 1, 282 Stafford Road, Stafford QLD 4053

Tue, Wed, Thurs: 8am – 4 pm (apparel collection, returns & refunds only)

## REGIONAL SELECTION TRIAL INFORMATION – 2024

### Swimming 10-19 Years (Boys & Girls)

<b>Trial date</b>	Monday 26 February 2024	<b>Trial time</b>	8:00 am – 4:00 pm
<b>Trial venue</b>	Brisbane Aquatic Centre – <a href="#">Sleeman Sports Complex, Old Cleveland Road &amp; Tilley Rd, Chandler</a> ( <i>Google Maps</i> )		
<b>Convenor</b>	Erin Carswell (Metropolitan North School Sport), <a href="mailto:met.north@qed.qld.gov.au">met.north@qed.qld.gov.au</a>		
<b>Eligibility</b>	<p><b>To compete in the 10-12 years competition</b>, students must be 12 or under as at 31 December in the year of the State Championship and must turn 10 in the year of the State Championship.</p> <p><b>To compete in the 13-19 years competition</b>, students must be 19 or under as at 31 December in the year of the State Championship and must turn 13 in the year of the State Championship.</p>		
<b>Trial format</b>	<i>Please refer to Order of Events</i>		
<b>Compulsory forms</b>	<p><b>Students should contact their respective District to ensure they have the Regional Swimming Trial Package. This includes</b></p> <ul style="list-style-type: none"> <li>Regional Trial Permission/Consent Form</li> <li>Queensland School Sport (QSS) Consent</li> <li></li> </ul>		
<b>Payment to attend trial</b>	<p>As we look to return to a full representative school sport calendar and the introduction of new teams in 2024, MNSS is reintroducing the full regional trial fee of \$25.00. Payment of the fee is via the MN RSS Shop and must be paid before the prescribed date.</p> <ul style="list-style-type: none"> <li><a href="https://rssshop.education.qld.gov.au/met-north">rssshop.education.qld.gov.au/met-north</a></li> <li>Payments must be received by <b>3pm on Thursday 21 February 2024</b></li> <li>If you experience any difficulty, please refer to <a href="#">Payment guide—regional trials (PDF, 645KB)</a></li> </ul>		
<b>District team nomination to MNSS</b>	<p>Student nominations for this event will only be accepted from Districts and must be submitted via the appropriate Meet Manager file no later than <b>12pm on Monday 19 February 2024</b>. Nominations can be submitted <b>earlier than the due date</b>.</p> <p>Students can nominate in a <b>MAXIMUM OF 9 individual events</b>. <b>Note:</b> Multi-Class athletes should have their classification in brackets after their surname. E.g., SMITH (S12), John. If no classification is available, then use (S?) in brackets after the surname.</p> <p><b>Nominations received outside of this process and/or after the prescribed due date above will not be accepted.</b></p>		
<b>Certificate of Qualification</b>	<p><b>100m Butterfly, 200m events (excluding Freestyle &amp; IM), 400m/800m/1500m Freestyle &amp; 400m Individual Medley (IM)</b></p> <p>These events <b>WILL NOT be swum</b> as competition events at the Regional Championship. Students who wish to compete in these events at the State Championship, must request and complete the relevant nomination paperwork from districts and return to relevant districts as per district processes and due dates.</p> <p>All received nominations will be reviewed by MNRSS and only selected students will receive an invitation. Students who do not receive an invitation have not been selected.</p>		
<b>Absentee Application for Exemption</b>	<p>If you are unable to attend and wish to be considered for selection, <b>the Absentee Application for Exemption form</b> must be submitted.</p> <ul style="list-style-type: none"> <li>To obtain this form, please contact Erin Carswell, <a href="mailto:erin-lee.carswell@qed.qld.gov.au">erin-lee.carswell@qed.qld.gov.au</a></li> <li>Applications close the day prior to the commencement of the event.</li> <li>Each application is decided individually. Acceptance of this application is not automatic and if accepted only entitles a child to be CONSIDERED for selection</li> <li>Metropolitan North School Sport reserves the right to refuse late applications</li> </ul> <p>Please note students completing this application should also be nominated by their respective District as part of the MNRSS Swimming Trial.</p>		

<b>Wet Weather</b>	Weather information will be available via our Facebook site on the morning of the selection trial.
<b>MN selection</b>	Metropolitan North will select one (1) 10-12 years team and one (1) 13-19 years team to contest the State Championship, as per <a href="#">QSS policy</a> .
<b>QRSS State Championship</b>	<b>10-12 Years:</b> Tuesday 26 March – Thursday 28 March 2024 at Brisbane Aquatic Centre (Sleeman Sports Complex), Chandler hosted by DD/SW/QRSS 10-12 Swimming <b>13-19 Years:</b> Saturday 23 March – Monday 25 March 2024 at Brisbane Aquatic Centre (Sleeman Sports Complex), Chandler hosted by DD/SW/QRSS 13-19 Swimming
<b>QRSS Student officials' program</b>	Queensland Representative School Sport (QRSS) offers students in Queensland an opportunity to participate in all facets of the representative school sport pathway and actively promotes the development of students in all areas of sport.  Students are invited to register their interest <a href="#">here</a> .

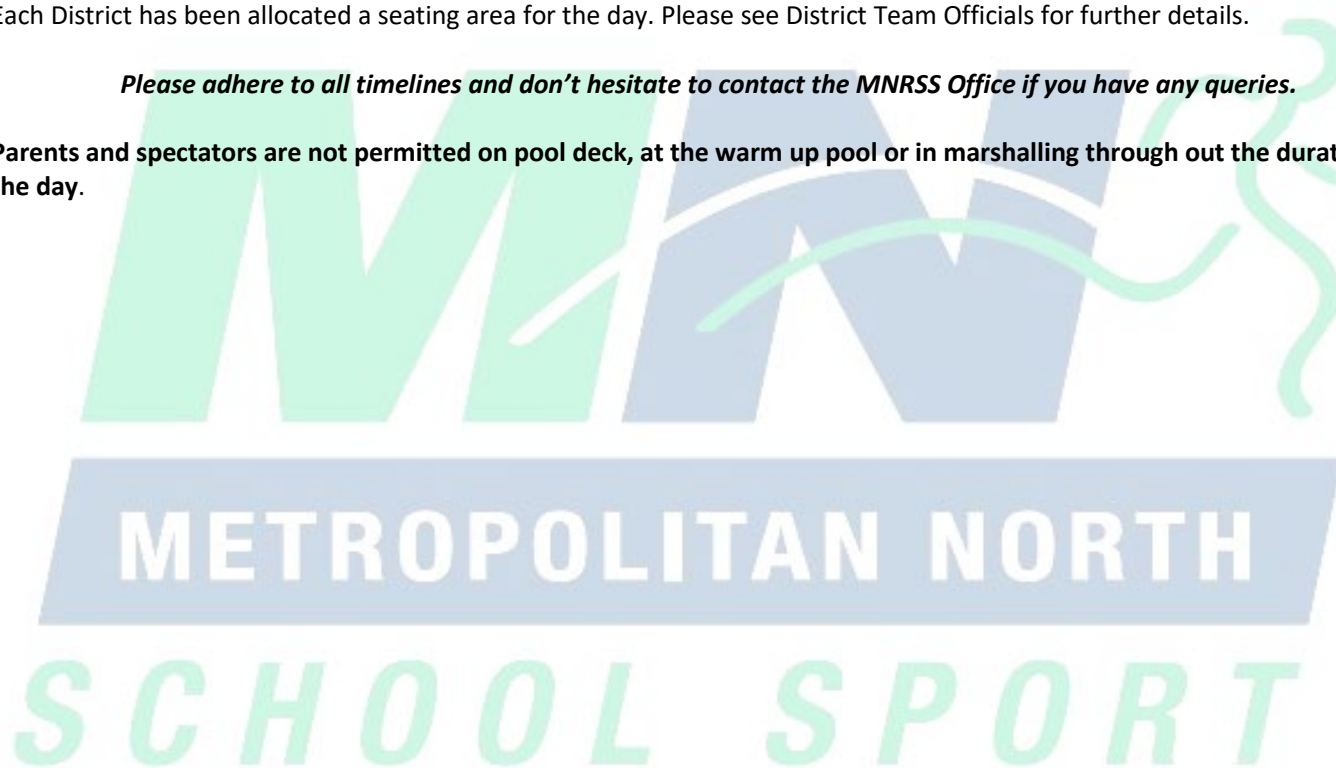
**Please remember:** Attendance at this regional selection trial is dependent on registration via the [MN RSS Shop](#) and on the presentation of the Principal Approval/Student permission form to the District Official or Convenor.

## DISTRICT SEATING

Each District has been allocated a seating area for the day. Please see District Team Officials for further details.

*Please adhere to all timelines and don't hesitate to contact the MNRSS Office if you have any queries.*

Parents and spectators are not permitted on pool deck, at the warm up pool or in marshalling through out the duration of the day.



## INFORMATION FOR PARENTS/SPECTATORS

All spectators will adhere to the relevant guidelines as set out by the venue (Sleeman Centre) and the QLD Government at the time of the event. The best parking is available in Car Park 3 at the Sleeman Sports Complex. Please be aware that there are speed limits within the sports complex and it is a one-way road. Once you have parked your car, please make your way along the path from Car Park 3 towards the Brisbane Aquatic Centre.

The cafeteria is open throughout the day and available for you to use for refreshments. Please note that Parents and Spectators will not be permitted on Pool Deck, near the Warm up Pool or in Marshalling throughout the duration of the day. Parents will have access to the results during the day on the Level 1 Northern Corridor, where Met North Team Managers will also be available for information about the QRSS State Championships, paperwork and team uniform.



## METROPOLITAN NORTH SCHOOL SPORT SWIMMING 10-19 YEARS COMPETITION CONDITIONS – 2024

The Carnival is principally a TIME TRIAL - **FINALS WILL NOT BE SWUM AT THE METROPOLITAN NORTH REGIONAL CARNIVAL.** Schools can nominate competitors for events, as long as they have swum a time which would equal or be faster than the qualifying standard.

- For each Age Group, Districts may nominate a maximum of 6 athletes for 50m events and 3 athletes for all other distances swum at the Regional Trial. Schools within the North and North West Independent Districts may nominate 2 athletes from each school per event swum at the Regional Trial.

**AGES:** Competitors must be the age stated for each event. Students will be grouped according to their year of birth to comply with this condition.

### 10-12 YEARS

10 years born 2014

11 years born 2013

12 years born 2012

### COMBINED

10-12 years born 2012 – 2014

### 13-19 YEARS

13 years born 2011

14 years born 2010

15 years born 2009

16 years born 2008

17-19 years born 2005 – 2007

### COMBINED

Junior 13 – 14 years

Intermediate: 15 – 16 years

Senior: 17 – 19 years

Open: 13 – 19 years

Multi-Age: 13 – 19 years

### MULTI CLASS

10-12 years born 2012 – 2014

13-15 years born 2009 – 2011

16-19 years born 2005 – 2008

When nominating swimmers in multi-class events through Meet Manager, please enter their classification in brackets after their surname e.g. Smith (S2). If the swimmer does not have a classification but is competing in a multi-class event, enter '(S?)' after their surname.

- Swimmers can be nominated for a maximum of **NINE (9) individual events**. This includes nominations for events not held at the Regional meet that are held at the State Championships. The times for these nominations must be verified by an accredited coach.
- Swimmers will be seeded according to nomination times. Correct seeding depends on CORRECT NOMINATION TIMES being submitted. After all heats have been swum, all of the swimmers will be ranked according to their heat times.
- All events are swum as TIME TRIALS – i.e. HEATS ONLY
- Q.S.A. Rules for all strokes will apply in all events.
- There will be no substitutions or additional competitors accepted after the advertised closing date. It is the responsibility of each competing district to ensure that information is correct.



6. All withdrawals must be finalised 30 minutes prior to the advertised starting time for event one. It is the responsibility of each competing district to ensure that this is done.

**Special Note: If a student withdraws from an event without due notice and the approval of the meet director, that student may be withdrawn from their next event.**

7. SWIMSUIT GUIDELINES

Swimming QLD enforces the following guidelines:

All swimwear worn by competitors shall be commercially available products.

Swimwear worn by competitors in Age Group Events must be approved FINA swimwear.

9. SELECTION IN THE METROPOLITAN NORTH SWIM TEAM

CRITERIA FOR THE SELECTION OF REGIONAL TEAMS

The major criterion for selection will be the performance of the swimmer at the Regional Trials.

Areas of performance considered should include –

- The placing and time recorded by the swimmer
- The attitude and behaviour of the swimmer as a member of the team

A swimmer who is ill or injured at the time of the Regional Championships/Trials may be considered for selection provided that a medical certificate is supplied - a time ratified by QSA/BSA can be submitted **prior to the commencement of competition**.

A swimmer who is representing Queensland Swimming Association or another sport at a higher-level competition at the time of the Regional Championships/Trials may be considered for selection.

MNSS selection policy: [metnorthschoolsport.eq.edu.au/regional-sport/sports-h-s/swimming](http://metnorthschoolsport.eq.edu.au/regional-sport/sports-h-s/swimming)

**PROGRAM:** The Regional Trial events will begin at 8am and will continue without breaks until the conclusion of the final event.

**POOL ENTRY:** Entry to the Pool will be FREE.

**ON THE DAY:** District Team Managers will meet their athletes and check them off on arrival. Parents and spectators are not permitted on pool deck or at the Warm-Up pool.


**MEDLEYS:** All Medley Events are four strokes. Order of strokes is: butterfly, backstroke, breaststroke and freestyle.

**WARM-UPS:** The Diving Pool at the Southern end of the stadium will only be available for athletes to use at specific times during the day for their warm up. Athletes will need to liaise with their own District Team Managers about their warm up and ensure they are supervised. The warm up pool will be open from 7:00am – 8:00am and then for approximately 30 minutes at the start of each hour during the day with athletes racing within that next hour having priority over others for use during this time.

**MARSHALLING:** Competitors must report to the marshalling area promptly when their event is called. **COMPETITORS WHO DO NOT REPORT WHEN CALLED WILL BE WITHDRAWN.**

**PROTESTS:** Any protest or complaint shall be made in writing to the Referee within ten (10) minutes of the occurrence. If known before the race, such protest must be lodged before the signal to start is given. No protest may be lodged against the decision of the Judges or Referee in any competition on question of fouling or placing. District Sports Officers should ensure that a District Manager is present to handle any problems and disputes pertaining to the District Team.

**COACHES:** Private Coaches, wishing to gain access to the pool deck, are required to register for a coaching pass prior to the MNRSS event. Registrations must be complete by **Thursday 22<sup>nd</sup> February 12pm**. Failure to register by the due date will mean you are unable to access the pool deck. To complete the registration, please scan the QR code below and complete the survey. Passes will be distributed from the MNRSS information desks outside the main stadium.

	QR Scan Code`	Link
Coaches Passes		<a href="https://survey.qed.qld.gov.au/n/dwjh9Jv">https://survey.qed.qld.gov.au/n/dwjh9Jv</a>

